



# LUNCH MENU

## February 2012



Lunch Menu	Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>Prices:</b>                      Student Lunch: \$1.50                      Reduced Lunch: \$0.40                      Faculty Lunch: \$2.25                      Milk: \$0.30                      Water: \$0.50</p> <p><b>HEALTHY SNACKS</b>                      Snapple 100% Fruit Juices: \$1.25                      Baked Chips: \$0.50                      Soft Pretzel: \$0.50                      Cookie: \$0.35                      Ice Cream: \$1.00</p> <p><b>Available Daily:</b>                      with Milk Choice </p> <p><b>Grab - N - Go Cereal</b>                      Cereal, Cheese Stick, Graham Cracker, Fruit</p> <p><b>Grab - N - Go Salad</b>                      Lettuce w/Assorted Veggies, Trix Yogurt, Cheese, Crackers, Fruit</p> <p><b>Peanut Butter &amp; Jelly</b>                      w/Sides of the Day                      Bread Basket &amp; Fresh Fruit</p> <p> <b>Milk Choices</b>                       1% White, Fat-Free Chocolate, Low-Fat Strawberry</p> <p><b>What's New This Month</b>                      Vegetable of the Month:  <b>Carrots</b></p> <p>Fruit of the Month:  <b>Cherries</b></p> <p><b>Balloons for Balanced Lunch</b></p> <p>Orange = Grains                      Green = Vegetables                      Red = Fruits                      Blue = Milk                      Purple = Meat &amp; Beans                      Yellow = Oils &amp; X Energy</p>	 <p>1                      Chicken Patty Parmesan                      or                      Turkey &amp; Cheese Hoagie  <b>Lunch Choices Include:</b>                      Carrots                      Fresh Apple                      Milk Choice</p>	 <p>2                      Whole Grain Chicken Nuggets w/Wheat Dinner Roll                      or                      Cheeseburger  <b>Lunch Choices Include:</b>                      Green Beans                      Chilled Pears                      Milk Choice</p>	<p>3                      Personal Pan Pizza                      or                      Tuna Salad on a Roll  <b>Lunch Choices Include:</b>                      Mixed Greens Salad                      Mixed Fruit Medley                      Milk Choice</p>	<p>4                      Homemade Beef-a-Roni w/Whole Grain Dinner Roll                      or                      Turkey &amp; Cheese Hoagie  <b>Lunch Choices Include:</b>                      Corn                      Fresh Fruit of the Day                      Milk Choice</p>
<p>6                      French Toast Stix w/Sausage Patty                      or                      Grilled Chicken Sandwich  <b>Lunch Choices Include:</b>                      Hash Brown Stick                      Fresh Fruit of the Day                      Milk Choice</p>	<p>7                      Cheese Omelet w/Pork Roll Wheat Bread                      or                      Grilled Cheese Sandwich  <b>Lunch Choices Include:</b>                      Oven Roasted Potatoes                      Peaches                      Milk Choice</p>	<p>8                      Mini Pancake w/Sausage Patty or Turkey &amp; Cheese Hoagie  <b>Lunch Choices Include:</b>                      Hash Brown Stick                      Fresh Pear                      Milk Choice</p>	<p>9                      Whole Grain Chicken Nuggets w/Wheat Dinner Roll or Cheeseburger  <b>Lunch Choices Include:</b>                      Carrots                      Fresh Apple Slices                      Milk Choice</p>	<p>10                      Cheesy Pizza                      or                      Tuna Salad on a Roll  <b>Lunch Choices Include:</b>                      Carrots                      Fresh Fruit of the Day                      Milk Choice</p>	<p>11                      Boneless BBQ Rib Sandwich or Grilled Chicken Sandwich  <b>Lunch Choices Include:</b>                      Caesar Salad w/Croutons                      Fresh Fruit of the Day                      Milk Choice</p>
<p>12  <b>PRESIDENTS' WEEKEND</b>  </p>	<p>13                      Turkey Hot Dog on Whole Wheat Bun or Grilled Cheese Sandwich  <b>Lunch Choices Include:</b>                      Fries                      Fresh Orange Smiles                      Milk Choice</p>	<p>14                      Sloppy Joe on Whole Wheat Roll or Turkey &amp; Cheese Hoagie  <b>Lunch Choices Include:</b>                      Corn                      Fresh Apple                      Milk Choice</p>	<p>15                      Whole Grain Chicken Nuggets w/Wheat Dinner Roll or Cheeseburger  <b>Lunch Choices Include:</b>                      Carrots                      Fresh Pear                      Milk Choice</p>	<p>16                      Flatbread Garlic Pizza                      or                      Tuna Salad on a Roll  <b>Lunch Choices Include:</b>                      Mixed Salad                      Fresh Fruit of the day                      Milk Choice</p>	<p>17  <b>PRESIDENTS' WEEKEND</b>  </p>
<p>18                      French Toast Stix w/Sausage Patty or Grilled Chicken Sandwich  <b>Lunch Choices Include:</b>                      Hash Brown Stick                      Fresh Fruit of the day                      Milk Choice</p>	<p>19                      Nachos w/Fixin's or Grilled Cheese Sandwich  <b>Lunch Choices Include:</b>                      Corn                      Fresh Fruit of the day                      Milk Choice</p>	<p>20                      Pop-Corn Chicken w/Dinner Roll or Turkey &amp; Cheese Hoagie  <b>Lunch Choices Include:</b>                      French Fries                      Fresh Apple                      Milk Choice</p>	<p>21                      Whole Grain Chicken Nuggets w/Wheat Dinner Roll or Cheeseburger  <b>Lunch Choices Include:</b>                      Carrots                      Fresh Pear                      Milk Choice</p>	<p>22                      Did You Know                      You can view our menus on the school's main WEBSITE under Parent tab. You can also view your child's lunch account.</p>	<p>23                      Did You Know                      Pre-Payments in any amount are accepted. Pay for the day, the month or the year. It's up to you!</p>
<p>24                      Orange = Grains                      Green = Vegetables                      Red = Fruits                      Blue = Milk                      Purple = Meat &amp; Beans                      Yellow = Oils &amp; X Energy</p>	<p>25                      French Toast Stix w/Sausage Patty or Grilled Chicken Sandwich  <b>Lunch Choices Include:</b>                      Hash Brown Stick                      Fresh Fruit of the day                      Milk Choice</p>	<p>26                      Nachos w/Fixin's or Grilled Cheese Sandwich  <b>Lunch Choices Include:</b>                      Corn                      Fresh Fruit of the day                      Milk Choice</p>	<p>27                      Pop-Corn Chicken w/Dinner Roll or Turkey &amp; Cheese Hoagie  <b>Lunch Choices Include:</b>                      French Fries                      Fresh Apple                      Milk Choice</p>	<p>28                      Whole Grain Chicken Nuggets w/Wheat Dinner Roll or Cheeseburger  <b>Lunch Choices Include:</b>                      Carrots                      Fresh Pear                      Milk Choice</p>	<p>29                      Flatbread Garlic Pizza or Tuna Salad on a Roll  <b>Lunch Choices Include:</b>                      Mixed Salad                      Fresh Fruit of the day                      Milk Choice</p>