

**OCEAN COUNTY HEALTH & PHYSICAL EDUCATION  
CURRICULUM**

**Content Area:** HEALTH & PHYSICAL EDUCATION

**Course Title:** HEALTH & PHYSICAL EDUCATION

**Grade Level:** 1- 2.3

**Medicines**

**1 Week**

**Alcohol, Tobacco, and Other Drugs**

**3 Weeks**

**Chemical Dependency/Addiction**

**2 Weeks**

**Unit Plan 4**

**Pacing Guide**

**Unit Plan 5**

**Pacing Guide**

**Unit Plan 6**

**Pacing Guide**

**Date Created:** 07/11/2012

**Board Approved on:** 9/19/12

William Fall – Point Pleasant Borough, Martha Groh – Ocean Township, Jeff Martin – Stafford Township, Kaitlyn Prior- Island Heights Grade School, Nina Rispoli- Island Heights Grade School, Ryan Savianeso – Stafford Township, Tracy Williams – Little Egg Harbor

**OCEAN COUNTY Health & Physical Education CURRICULUM**  
**Unit Overview**

<b>Content Area:</b> HEALTH & PHYSICAL EDUCATION		<b>Grade:</b> 1
<b>Standard:</b> 2.3 Drugs and Medicines: All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle.		
<b>Strand:</b> A. Medicines		
<b>Summary:</b> Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective		
<b>College and Career Readiness:</b> Note that the Common Core State Standards provide for College and Career Readiness Anchor Standards in Reading, Writing, Speaking, and Listening, which are listed specifically at the beginning of each section of the grade-level standards and then infused throughout the grade-level standards. For specific College and Career Readiness Anchor Standards, see <a href="http://www.corestandards.org/the-standards/english-language-arts-standards">http://www.corestandards.org/the-standards/english-language-arts-standards</a>		
<b>Primary interdisciplinary connections:</b> Mathematics, Language Arts Literacy, Science		
<b>21<sup>st</sup> century themes:</b>		
<b>Standard 9.1 21st-Century Life &amp; Career Skills</b> All students will demonstrate the creative, critical thinking, collaboration, and problem-solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures.		
<b>Learning Targets</b>		
<b>Content Standards</b>		
2.3 Drugs and Medicines: All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle.		
<b>Number</b>	<b>Common Core Standard for Mastery</b>	
2.3.2.A.1	Explain what medicines are and when some types of medicines are used.	
2.3.2.A.2	Explain why medicines should be administered as directed.	
<b>Unit Essential Questions</b> • What types of medicines are used for what illnesses? • Why should medicines be administered as directed?	<b>Unit Enduring Understandings</b> <i>Students will understand that...</i> • Some types of medicines are used for certain illness. • Medicines should be administered as directed.	
<b>Unit Objectives</b> <i>Students will know...</i> • How and when some types of medicines are used. • Why medicines should be	<b>Unit Objectives</b> <i>Students will be able to...</i> • Explain what medicines are and when some types of medicines are used. • Explain why medicines should be administered as	

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administered as directed.	directed.
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**Ocean County Health and Physical Education Curriculum  
Evidence of Learning**

**Formative Assessments**

- Teacher observation
- Student participation
- Checklist
- Rubric
- Verbal question and answer

**Summative Assessments**

- Teacher observation
- Student participation
- Rubric score
- Verbal question and answer

**Modifications (ELLs, Special Education, Gifted and Talented)**

- Follow all IEP modifications/504 plan
- Shorter assignments when needed.
- Use of concrete examples before beginning activity.
- Cue student by stating name before asking a question, or speaking to them.
- Use of preferential seating.
- Provide opportunity for movement.
- Provide student with cool off location.
- Allow for additional time for written work as well as to comprehend and master skill introduced.
- Assign student a peer tutor/partner learner when necessary.
- Keep in mind learners multi sensory, visual, and auditory style.
- Provide variety of size manipulatives to accommodate student needs.
- Provide extra worksheets for students who exceed given assignment.
- Allow students who exceed objective expectations, the opportunity to visit subject specified interactive websites.
- Provide more challenging opportunities with use of manipulatives that will challenge the skill being taught to other students.

**Curriculum development Resources/Instructional Materials/Equipment Needed Teacher Resources:**

Ready-to-Use PE Activities K-6 Landy & Landy  
 Physical Education Curriculum Activities Kit K-6 Wheeler & Spilker  
 Elementary Teacher’s Handbook of Indoor and Outdoor Games Kamiya  
 Health Promotion Wave Kit  
 Here’s Looking at You 2000  
 NJ Comprehensive Health & PE Curriculum Framework  
 Sunburst Building Character Kit

**Teacher Notes:**

**See 50 Ways To Use Technology, Low and High Prep Differentiation Strategies, and 40 Lesson Closure examples on page 1 of Unit 2.1**  
**College and Career Readiness Goals ...See Page 1 of Unit 2.3**  
<http://www.corestandards.org/the-standards/english-language-arts-standards>

**21<sup>st</sup> Century Themes See Page 1 of Unit 2.3**

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## OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM

### Unit Overview

**Content Area:** HEALTH & PHYSICAL EDUCATION

**Grade:** 1

**Standard:** 2.3 Drugs and Medicines: All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle.

**Strand:** B. Alcohol, Tobacco, and Other Drugs

**Summary:** Use of drugs in unsafe ways is dangerous and harmful.

**Primary interdisciplinary connections:** Mathematics, Language Arts Literacy, Science

**21<sup>st</sup> century themes:** see unit 1

### Learning Targets

**Content Standards**

2.3 Drugs and Medicines: All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle.

**Number**

**Common Core Standard for Mastery**

2.3.2.B.1

Identify ways that drugs can be abused.

2.3.2.B.2

Explain effects of tobacco use on personal hygiene, health, and safety.

2.3.2.B.3

Explain why tobacco smoke is harmful to nonsmokers.

**Unit Essential Questions**

- What ways can drugs be abused?
- What effects does tobacco use have on personal hygiene, health, and safety?
- Why is tobacco smoke harmful to nonsmokers?

**Unit Enduring Understandings**

*Students will understand that...*

- Drugs can be abused.
- Tobacco use has an effect on personal hygiene, health, and safety.
- Tobacco smoke is harmful to nonsmoker.

**Unit Objectives**

*Students will know...*

- Ways to identify how drugs can be abused.
- Effects of tobacco use on personal hygiene, health, and safety.
- Why tobacco smoke is harmful to nonsmokers.

**Unit Objectives**

*Students will be able to...*

- Identify ways that drugs can be abused.
- Explain effects of tobacco use on personal hygiene, health, and safety.
- Explain why tobacco smoke is harmful to nonsmokers.

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<b>Content Area: HEALTH &amp; PHYSICAL EDUCATION</b>	
<b>Grade: 1</b>	
<b>Standard:</b> 2.3 Drugs and Medicines: All students will acquire knowledge about alcohol, tobacco, other drugs, and medicines and apply these concepts to support a healthy, active lifestyle..	
<b>Strand:</b> C. Dependency/Addiction and Treatment	
<b>Summary</b> Substance abuse is caused by a variety of factors. <b>Primary interdisciplinary connections:</b> Mathematics, Language Arts Literacy, Science <b>21<sup>st</sup> century themes:</b> see unit 1	
<b>Learning Targets</b>	
<b>Content Standards</b> 2.1 Wellness All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.	
Number	Common Core Standard for Mastery
2.3.2.C.1	Recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.
Number	Common Core Standard for Introduction
2.3.2.C.2	Explain that people who abuse alcohol, tobacco, and other drugs can get help.
<b>Unit Essential Questions</b> <ul style="list-style-type: none"> <li>• How can you recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs?</li> <li>• How do people who abuse alcohol, tobacco, and other drugs get help?</li> </ul>	<b>Unit Enduring Understandings</b> <i>Students will understand that...</i> <ul style="list-style-type: none"> <li>• Some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.</li> <li>• People who abuse alcohol, tobacco, and other drugs can get help.</li> </ul>
<b>Unit Objectives</b> <i>Students will know...</i> <ul style="list-style-type: none"> <li>• That some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.</li> <li>• That people who abuse alcohol, tobacco, and other drugs can get help.</li> </ul>	<b>Unit Objectives</b> <i>Students will be able to...</i> <ul style="list-style-type: none"> <li>• Recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.</li> <li>• Explain that people who abuse alcohol, tobacco, and other drugs can get help.</li> </ul>

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