

**OCEAN COUNTY HEALTH & PHYSICAL EDUCATION
CURRICULUM**

Content Area: HEALTH & PHYSICAL EDUCATION

Course Title: HEALTH & PHYSICAL EDUCATION

Grade Level: 1 -2.4

Human Relationships and Sexuality

1 Week

Sexuality

1 Week

Character Development

1 Week

Unit Plan 4

Pacing Guide

Unit Plan 5

Pacing Guide

Unit Plan 6

Pacing Guide

Date Created: 07/11/2012

Board Approved on: 9/19/12

William Fall – Point Pleasant Borough, Martha Groh – Ocean Township, Jeff Martin – Stafford Township, Kaitlyn Prior- Island Heights Grade School, Nina Rispoli- Island Heights Grade School, Ryan Savianeso – Stafford Township, Tracy Williams – Little Egg Harbor

OCEAN COUNTY Health & Physical Education CURRICULUM	
Unit Overview	
Content Area: HEALTH & PHYSICAL EDUCATION	Grade: 1
Standard: 2.4 Human Relationships and Sexuality: All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.	
Strand: A. Relationships	
Summary: The family unit encompasses the diversity of family forms in contemporary society.	
<p>College and Career Readiness: Note that the Common Core State Standards provide for College and Career Readiness Anchor Standards in Reading, Writing, Speaking, and Listening, which are listed specifically at the beginning of each section of the grade-level standards and then infused throughout the grade-level standards. For specific College and Career Readiness Anchor Standards, see http://www.corestandards.org/the-standards/english-language-arts-standards</p> <p>Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science</p> <p>21st century themes:</p> <p>9.1 Life and Career Skills: All students will demonstrate the creative, critical thinking, collaboration, and problem-solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures</p> <p>9.2 Personal Financial Literacy: All students will develop skills and strategies that promote personal and financial responsibility related to financial planning, savings, investment, and charitable giving in the global economy.</p> <p>9.3 Career Awareness, Exploration, and Preparation: All students will apply knowledge about and engage in the process of career awareness, exploration, and preparation in order to navigate the globally competitive work environment of the information age</p> <p>9.4 Career and Technical Education: All students who complete a career and technical education program will acquire academic and technical skills for careers in emerging and established professions that lead to technical skill proficiency, credentials, certificates, licenses, and/or degrees. (For descriptions of the 16 career clusters, see the Career Clusters Table.)</p>	
Learning Targets	
Content Standards	
2.4 Human Relationships and Sexuality: All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.	
Number	Common Core Standard for Mastery
2.4.2.A.1	Compare and contrast different kinds of families locally and globally.
2.4.2.A.2	Distinguish the roles and responsibilities of different family members.
Unit Essential Questions <ul style="list-style-type: none"> • How are families different locally and globally? • What are the different roles and 	Unit Enduring Understandings <i>Students will understand that...</i> <ul style="list-style-type: none"> • There are different kinds of families both locally and

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responsibilities of different family members?	globally. • There are different types of responsibilities for different family members.
Unit Objectives <i>Students will know...</i> • How to compare and contrast different kinds of families locally and globally. • How to distinguish the roles and responsibilities of different family members.	Unit Objectives <i>Students will be able to...</i> • Compare and contrast different kinds of families locally and globally. • Distinguish the roles and responsibilities of different family members.

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**Ocean County Health and Physical Education Curriculum
Evidence of Learning**

Formative Assessments

- Teacher observation
- Student participation
- Checklist
- Rubric
- Verbal question and answer

Summative Assessments

- Teacher observation
- Student participation
- Rubric score
- Verbal question and answer

Modifications (ELLs, Special Education, Gifted and Talented)

- Follow all IEP modifications/504 plan
- Shorter assignments when needed.
- Use of concrete examples before beginning activity.
- Cue student by stating name before asking a question, or speaking to them.
- Use of preferential seating.
- Provide opportunity for movement.
- Provide student with cool off location.
- Allow for additional time for written work as well as to comprehend and master skill introduced.
- Assign student a peer tutor/partner learner when necessary.
- Keep in mind learners multi sensory, visual, and auditory style.
- Provide variety of size manipulatives to accommodate student needs.
- Provide extra worksheets for students who exceed given assignment.
- Allow students who exceed objective expectations, the opportunity to visit subject specified interactive websites.
- Provide more challenging opportunities with use of manipulatives that will challenge the skill being taught to other students.

Curriculum development Resources/Instructional Materials/Equipment Needed Teacher Resources:

Ready-to-Use PE Activities K-6 Landy & Landy
Physical Education Curriculum Activities Kit K-6 Wheeler & Spilker
Elementary Teacher's Handbook of Indoor and Outdoor Games Kamiya
Health Promotion Wave Kit
Here's Looking at You 2000
NJ Comprehensive Health & PE Curriculum Framework
Sunburst Building Character Kit

Teacher Notes:

See 50 Ways To Use Technology, Low and High Prep Differentiation Strategies, and 40 Lesson Closure examples on page 1 of Unit 2.1

College and Career Readiness Goals ...See Unit 1

<http://www.corestandards.org/the-standards/english-language-arts-standards>

21st Century Themes See Page 1 of Unit 2.4

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OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM Unit Overview	
Content Area: HEALTH & PHYSICAL EDUCATION Grade: 1	
Standard: 2.4 Human Relationships and Sexuality: All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.	
Strand: B. Sexuality	
Summary: Gender-specific similarities and differences exist between males and females. Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science 21st century themes: see unit 1	
Learning Targets	
Content Standards 2.4 Human Relationships and Sexuality: All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.	
Number	Common Core Standard for Mastery
2.4.2.B.1	Compare and contrast the physical differences and similarities of the genders.
Unit Essential Questions <ul style="list-style-type: none"> • What are the physical differences and similarities of the genders? 	Unit Enduring Understandings <i>Students will understand that...</i> <ul style="list-style-type: none"> • There are physical differences and similarities of both genders.
Unit Objectives <i>Students will know...</i> <ul style="list-style-type: none"> • The physical differences and similarities of the genders. 	Unit Objectives <i>Students will be able to...</i> <ul style="list-style-type: none"> • Compare and contrast the physical differences and similarities of the genders.

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21st Century Themes See Page 1 of Unit 2.4

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Content Area: HEALTH & PHYSICAL EDUCATION
Grade: 1

Standard 2.4 Human Relationships and Sexuality: All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.

Strand: C. Pregnancy and Parenting

Summary The health of the birth mother impacts the development of the fetus..

Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science

21st century themes: see unit 1

Learning Targets

Content Standards: 2.4 Human Relationships and Sexuality: All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.

Number	Common Core Standard for Mastery
2.4.2.C.1	Explain the factors that contribute to a mother having a healthy baby.
<p>Unit Essential Questions</p> <ul style="list-style-type: none"> • What factors contribute to a mother having a healthy baby? 	<p>Unit Enduring Understandings</p> <p><i>Students will understand that...</i></p> <ul style="list-style-type: none"> • There are certain factors that contribute to a mother having a healthy baby.
<p>Unit Objectives</p> <p><i>Students will know...</i></p> <ul style="list-style-type: none"> • How to explain the factors that contribute to a mother having a healthy baby. 	<p>Unit Objectives</p> <p><i>Students will be able to...</i></p> <ul style="list-style-type: none"> • Explain the factors that contribute to a mother having a healthy baby.

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