

Created on:	7/11/12
Revised on:	7/16/15
Revised by:	David Wittenberg, Barnegat; Lynn Jillson, Little Egg Harbor; Lucille Ziegler, Lacey; Christina Mascolo, Brick; Christine Dowling, Lakewood; Jennifer Ritter, Point Borough
Board Approved on:	2/22/16

OCEAN COUNTY HEALTH AND PHYSICAL EDUCATION CURRICULUM	
Content Area: PHYSICAL EDUCATION	
Course Title: PHYSICAL EDUCATION	Grade Level: 1-2.6
Fitness and Physical Activity	10 Months

OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM

Unit Overview

Content Area: HEALTH & PHYSICAL EDUCATION

Grade: 1

Standard: 2.6

Strand: Movement Skill Development

Summary: Appropriate types and amounts of physical activity enhance personal health.

Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science

21st century themes: All students will demonstrate the creative, critical thinking, collaboration, and problem solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures; and, understand national and international public health and safety issues.

Learning Targets

Content Standards - 2.6 Fitness: All students will apply health-related and skill-related fitness concepts and skills to develop and maintain a healthy, active lifestyle.

Number

Common Core Standard for Mastery

Number

Common Core Standard for Introduction

2.6.2.A.1

Develop and refine gross motor skills (e.g., hopping, galloping, jumping, running, and marching).

2.6.2.A.2

Develop and refine fine motor skills (e.g., completes gradually more complex puzzles, uses smaller-sized manipulatives during play, and uses a variety of writing instruments in a conventional manner).

Unit Essential Questions

- Can you demonstrate gross and fine motor skills (e.g., hopping, galloping, jumping, running, and marching)?
- Can you use objects and props to develop spatial and coordination skills (e.g., throws and catches balls and Frisbees, twirls a hula-hoop about the hips, walks a balance beam, laces different sized beads, and buttons and unbuttons)?

Unit Enduring Understandings

- Students will understand that...*
- Developing competence and confidence in gross and fine motor skills provides a foundation for participation in physical activities.

Unit Objectives

Students will know...

- Developing competence and confidence in gross and fine motor skills provides a foundation for participation in physical activities.

Unit Objectives

Students will be able to...

- Develop and refine gross motor skills (e.g., hopping, galloping, jumping, running, and marching).
- Develop and refine fine motor skills (e.g., completes gradually more complex puzzles, uses smaller sized manipulatives during play, and uses a variety of writing instruments in a conventional manner.)

Evidence of Learning

Formative Assessments

- Teacher observation
- Student participation
- Checklist
- Rubric
- Verbal question and answer

Summative Assessments

- Teacher observation
- Student participation
- Rubric score
- Verbal question and answer

Modifications (ELLs, Special Education, Gifted and Talented)

- Follow all IEP modifications/504 plan

Curriculum development Resources/Instructional Materials/Equipment Needed

Teacher Resources but not limited to the following:

Ready-to-Use PE Activities K-6 Landy & Landy
Physical Education Curriculum Activities Kit K-6 Wheeler & Spilker
Elementary Teacher's Handbook of Indoor and Outdoor Games Kamiya
Health Promotion Wave Kit
Here's Looking at You 2000
NJ Comprehensive Health & PE Curriculum Framework
Sunburst Building Character Kit

Teacher Notes: