

**OCEAN COUNTY HEALTH & PHYSICAL EDUCATION
CURRICULUM**

Content Area: HEALTH & PHYSICAL EDUCATION

Course Title: HEALTH & PHYSICAL EDUCATION

Grade Level: K - 2.2

Interpersonal Communication

4 Weeks

Decision Making and Goal Setting

1 Week

Diseases and Health Conditions

1 Week

Character Development

4 Weeks

Advocacy and Service

1 Week

E. Health Services and Information

1 Week

Date Created: 07/12/2012

Board Approved on: 9/19/12

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Heights Grade School, Ryan Savianeso – Stafford Township, Tracy Williams – Little
Egg Harbor

OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM	
Unit Overview	
Content Area: HEALTH & PHYSICAL EDUCATION	Grade: K
Standard: 2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.	
Strand: A. Interpersonal Communication	
Summary: Effective communication may be a determining factor in the outcome of health- and safety-related situations.	
College and Career Readiness: Note that the Common Core State Standards provide for College and Career Readiness Anchor Standards in Reading, Writing, Speaking, and Listening, which are listed specifically at the beginning of each section of the grade-level standards and then infused throughout the grade-level standards. For specific College and Career Readiness Anchor Standards, see http://www.corestandards.org/the-standards/english-language-arts-standards	
Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science	
21st century themes:	
<ul style="list-style-type: none"> • 9.1 21st-Century Life & Career Skills All students will demonstrate the creative, critical thinking, collaboration, and problem-solving skills needed to function successfully as both global citizens and workers in diverse ethnic and organizational cultures. 	
Learning Targets	
Content Standards	
2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.	
Number	Common Core Standard for Mastery
2.2.2.A.1	Express needs, wants, and feelings in health- and safety-related situations.
Unit Essential Questions	Unit Enduring Understandings
<ul style="list-style-type: none"> • How do you express your needs, wants, and feelings in health- and safety related situations? 	<i>Students will understand that...</i> <ul style="list-style-type: none"> • Effective communication may be a determining factor in the outcome of health- and safety-related situations.
Unit Objectives	Unit Objectives
<i>Students will know...</i> <ul style="list-style-type: none"> • Effective communication may be a determining factor in the outcome of health- and safety-related situations. 	<i>Students will be able to...</i> <ul style="list-style-type: none"> • Express needs, wants, and feelings in health- and safety-related situations.

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OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM
Evidence of Learning

Formative Assessments

- Teacher observation
- Student participation
- Checklist
- Rubric
- Verbal question and answer

Summative Assessments

- Teacher observation
- Student participation
- Rubric score
- Verbal question and answer

Modifications (ELLs, Special Education, Gifted and Talented)

- Follow all IEP modifications/504 plan
- Shorter assignments when needed.
- Use of concrete examples before beginning activity.
- Cue student by stating name before asking a question, or speaking to them.
- Use of preferential seating.
- Provide opportunity for movement.
- Provide student with cool off location.
- Allow for additional time for written work as well as to comprehend and master skill introduced.
- Assign student a peer tutor/partner learner when necessary.
- Keep in mind learners multi sensory, visual, and auditory style.
- Provide variety of size manipulatives to accommodate student needs.
- Provide extra worksheets for students who exceed given assignment.
- Allow students who exceed objective expectations, the opportunity to visit subject specified interactive websites.
- Provide more challenging opportunities with use of manipulatives that will challenge the skill being taught to other students.

Curriculum development Resources/Instructional Materials/Equipment Needed Teacher Resources:

Ready-to-Use PE Activities K-6 Landy & Landy
Physical Education Curriculum Activities Kit K-6 Wheeler & Spilker
Elementary Teacher's Handbook of Indoor and Outdoor Games Kamiya
Health Promotion Wave Kit
Here's Looking at You 2000
NJ Comprehensive Health & PE Curriculum Framework
Sunburst Building Character Kit

Teacher Notes:

- See 50 Ways To Use Technology, Low and High Prep Differentiation Strategies, and 40 Lesson Closure examples in Teacher Notes Standard Unit 2.1

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OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM
Unit Overview

Content Area: HEALTH & PHYSICAL EDUCATION

Grade: K

Standard: 2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

Strand: B. Decision Making and Goal Setting

Summary: Effective decision-making skills foster healthier lifestyle choices.

Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science

21st century themes: See teacher notes.

Learning Targets

Content Standards

2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

Number	Common Core Standard for Mastery
2.2.2.B.1	Explain what a decision is and why it is advantageous to think before acting.

Number	Common Core Standard for Introduction
2.2.2.B.1	Explain what a decision is and why it is advantageous to think before acting.

<p>Unit Essential Questions</p> <ul style="list-style-type: none"> • Can you name the steps to making effective health decisions? • What is a healthy lifestyle? 	<p>Unit Enduring Understandings</p> <p><i>Students will understand that...</i></p> <ul style="list-style-type: none"> • Effective decision-making skills foster healthier lifestyle choices.
<p>Unit Objectives</p> <p><i>Students will know...</i></p> <ul style="list-style-type: none"> • Effective decision-making skills foster healthier lifestyle choices. 	<p>Unit Objectives</p> <p><i>Students will be able to...</i></p> <ul style="list-style-type: none"> • Explain what a decision is and why it is advantageous to think before acting. • Relate decision-making by self and others to one's health.

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Modifications (ELLs, Special Education, Gifted and Talented)

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- Shorter assignments when needed.
- Use of concrete examples before beginning activity.
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Teacher Notes:

- See 50 Ways To Use Technology, Low and High Prep Differentiation Strategies, and 40 Lesson Closure examples in Teacher Notes Standard Unit 2.1
- See College and Career Readiness on page 1 of Unit 2.2.
- See 21st Century Themes on page 1 of Unit 2.2.

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OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM
Unit Overview

Content Area: HEALTH & PHYSICAL EDUCATION

Grade: K

Standard: 2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

Strand: C. Character Development

Summary: Character traits are often evident in behaviors exhibited by individuals when interacting with others.

Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science

21st century themes: See teacher notes.

Learning Targets

Content Standards

2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

Number

Common Core Standard for Mastery

2.2.2.C.1

Explain the meaning of character and how it is reflected in the thoughts, feelings, and actions of oneself and others.

Unit Essential Questions

- Does a persons' character reflect the way a person thinks feels and acts?

Unit Enduring Understandings

Students will understand that...

- Character traits are often evident in behaviors exhibited by individuals when interacting with others.

Unit Objectives

Students will know...

- Character traits are often evident in behaviors exhibited by individuals when interacting with others.

Unit Objectives

Students will be able to...

- Explain the meaning of character and how it is reflected in the thoughts, feelings, and actions of oneself and others.

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**OCEAN COUNTY HEALTH & PHYSICAL EDUCATION CURRICULUM
UNIT OVERVIEW**

Content Area: HEALTH & PHYSICAL EDUCATION

Grade: K

Standard: 2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

Strand: D. Advocacy and Service

Summary: Service projects provide an opportunity to have a positive impact on the lives of self and others.

Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science

21st century themes: See teacher notes.

Learning Targets

Content Standards

2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

Number

Common Core Standard for Mastery

2.2.2.D.1

Determine the benefits for oneself and others of participating in a class or school service activity.

Unit Essential Questions

- What are the benefits for oneself and others of participating in a class or school service activity?

Unit Enduring Understandings

Students will understand that...

- Service projects provide an opportunity to have a positive impact on the lives of self and others.

Unit Objectives

Students will know...

- Service projects provide an opportunity to have a positive impact on the lives of self and others.

Unit Objectives

Students will be able to...

- Determine the benefits for oneself and others of participating in a class or school service activity.

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Unit Overview

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Grade: K

Standard: 2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

Strand: E. Health Services and Information

Summary: Developing an awareness of potential hazards in the environment impacts personal health and safety.

Primary interdisciplinary connections: Mathematics, Language Arts Literacy, Science

21st century themes: See teacher notes.

Learning Targets

Content Standards

2.2 Integrated Skills: All students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

Number	Common Core Standard for Mastery
2.2.P.E.1	Identify community helpers who assist in maintaining a safe environment.

<p>Unit Essential Questions</p> <ul style="list-style-type: none"> • Can you name community helpers who assist in maintaining a safe environment? 	<p>Unit Enduring Understandings</p> <p><i>Students will understand that...</i></p> <ul style="list-style-type: none"> • Developing an awareness of potential hazards in the environment impacts personal health and safety.
<p>Unit Objectives</p> <p><i>Students will know...</i></p> <ul style="list-style-type: none"> • Developing an awareness of potential hazards in the environment impacts personal health and safety. 	<p>Unit Objectives</p> <p><i>Students will be able to...</i></p> <ul style="list-style-type: none"> • Identify community helpers who assist in maintaining a safe environment.

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William Fall – Point Pleasant Borough, Martha Groh – Ocean Township, Jeff Martin – 12
Stafford Township, Kaitlyn Prior- Island Heights Grade School, Nina Rispoli- Island
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